

FAQs

What days are classes on?

Most classes run from 11am-1pm & 2pm-4pm Monday to Friday. For a detailed list of classes click on the link: <u>https://grassmarket.org/planc/</u>

How do I attend classes or Activities?

To attend any class contact Mike on mike@grassmarket.org or text 07860 021 262 to join.

What will I learn?

All classes are different and offer different levels of support from very basic to more advanced.

What if I can't do it?

We will not ask you to do something you're not comfortable with and we will start you off at your level and you can learn at your own pace.

What do the classes consist of?

A relaxed engagement between members and class tutor or leader allowing you to start at a level you are comfortable with.

Do I get breaks and lunch?

Yes, coffee and tea breaks are usually around 12pm and 3pm. A free 2 Course meal is served at 1pm with other members, staff and volunteers.

What will I gain from coming here?

You will gain a variety of life learning skills. You will meet new people and above all have fun while doing so. You will get out of it what you out in and make of it!

How often can I attend?

You are welcome to come multiple times weekly if there are spaces available.

Do I have to be committed to coming all the time?

No, you can attend to suit your schedule.

What if I have an issue prior to class or can't make it in or see something I don't like?

Contact Mike or any other Manager as soon as possible to let us know.

Does my Membership expire if I don't come or can't come for a while?

No. You can remain a Member for as long as you like – for life if you like! Because of Data protection laws, best practice and our own policies we do, <u>if we don't hear</u> <u>from you for over 6 months</u>, delete all your personal contact data (address, phone numbers and emails from our database) so you will have to provide this again and re-register again.