



grassmarket
community project

Weekly Bulletin 08.01.21

The News, Views & Pews of our community activities and programme details.



Please see below the many ways you can connect with the project between now and Easter. We can't wait to see you. Please stay safe and stay connected. In this second full lock down **DO NOT BE ALONE !** We all need each other, especially now and theres supportive community out there looking forward to seeing you on line or in person.

Text 07860 021 262 Email info@grassmarket.org or Call 0131 225 3626 option

1 For support

Below we have all the details of our current fully updated activities programme including

- In-person in the centre activities **(run in accordance with strict safety measures)**
- Safe Outdoor activities
- On-line activities

Grassmarket Centre-Based Activities

Mondays

3-4pm – **Guitar** (with Tomas)

Tuesdays

11am – 1pm – **Make and Mend** (with Rachael)

2- 4pm – **Cooking for the over 60's** (with **Graham and Mike**) – **STARTS 20th Jan**

2pm-3.30pm – Discussion (with Derek & Jodie)

Note this is both online and in person – a 'hybrid' and you can join by either means see link below]

Wednesdays

11am-1pm – **Reading & Writing** (with Nick)

2-4pm – **Wellbeing** (with Hazel)

Thursdays

11am-1pm – **IT Skills** (with Kevin & Munirah)

2-4pm – **Art** (with Trish)

Fridays

11am-1pm – **IT Skills** (with Kevin & Kathy)

2-4pm – **Art** (with Trish)

Note: COVID 19 Guidelines when in the Grassmarket Centre

- Keep 2m social distance, ALWAYS wear a mask when not on a blue sticker & use hand-gel dispensers
 - One at a time for using the toilet (toilet sanitised after each use)
 - Group size limited to six members per activity
 - Follow both downstairs and upstairs one-way systems
 - If upstairs, you can only use the fire exit to go downstairs
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Grassmarket Outdoor Activities

Tuesday 10-11am – **Walking** (South) (with Dennis & Janet in Meadows)

Wednesday 11am-1pm – **Herb Garden** Group (with Trudi & Tom)

Thursday 10-11.30am - **Walking** (The Frozen North) (with **Jonny** in Victoria Park) - bring your own cup if you want fresh coffee

Grassmarket Online Activities

These links are not changing until after 31st March at least (also found on www.grassmarket.org/planc)

Mondays

11am-1pm – Scottish History (with Nick)

<https://us02web.zoom.us/j/82687543879>

Meeting ID: 826 8754 3879 Passcode: **PAST**

7.15pm – Cinema Chat (with Rohan & Ewan)

<https://us02web.zoom.us/j/89713086683>

Meeting ID: 897 1308 6683 Passcode: **Film**

Tuesdays

11am-1pm – Guitar (with Tomas)

<https://us02web.zoom.us/j/89459256233>

Meeting ID: 894 5925 6233 Passcode: **String**

2pm-3.30pm – Discussion (with Derek & Jodie)

[Note this is both online and in person – a ‘hybrid’ and you can join by either means]

<https://us02web.zoom.us/j/85330877451>

Wednesdays

11.30am-12.30pm Open Book (with Jess)

<https://us02web.zoom.us/j/136710657>

Meeting ID: 136 710 657 Passcode: **Read**

5-6.30pm – Choir (with Morgan)

<https://us02web.zoom.us/j/777286151>

Meeting ID: 777 286 151 Passcode: **Sing**

Thursdays

5-6pm - **A Wee Breather** (Relaxation) with **Corrinna**

<https://us02web.zoom.us/j/84597234673>

Meeting ID: **845 9723 4673** Passcode: **Calm**

Fridays

11am-1pm – Creative Writing (with Isela & Jess)

<https://us02web.zoom.us/j/774347404?pwd=WFBrYUpoSHdqWFNZcU9Cd0lnMWMxdz09>

Meeting ID: 774 347 404 Passcode: **Write**

You must be a member to attend any on line or in person activity – contact **Mike** on mike@grassmarket.org or text **07860 021 262** to join or go to: [join](#)

Any Time Activities & Links

Science Chat Podcast with Jess, Kiani, Stephanie, Isla, Marina & Sophie

New episode each week at <https://bit.ly/2KshiH2>

Grass Cuttings Podcast with Jonny our CEO and the Grassmarket

Community Project Members, Volunteers, staff, partners and

funders <https://grassmarket.org/news/grass-cuttings-podcast/>

Chat on **Discord** – a virtual place to talk and hang out – 7 days a week Join

us <https://discord.gg/NJJAkqg>



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