

	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Kitchen	9:30am-1:30pm Kitchen & Café With: Kevin/Chris	9:30am-1:30pm Kitchen & Café With: Kevin/Chris	9:30am-1:30pm Kitchen & Café With: Kevin/Chris	9:30am-1:30pm Kitchen & Café With: Kevin/Chris	9:30am-1:30pm Kitchen & Café With: Kevin/Chris	9:30am-3pm Walking Group* With: Jonny/ Tommy Meet at reception
Woodwork	9:30am-3:30pm Woodwork With: Tommy	9:30am-3:30pm Woodwork With: Tommy/ Susan	9:30am-3:30pm Woodwork With: Tommy/ Susan	9:30am-3:30pm Woodwork With: Tommy/ Susan	9:30am-3:30pm Woodwork - Drop In Session With: Tommy	*This activity takes place twice most months on a Sat or Sun. Check for dates at reception or call 0131 225 3626.
Rob. Burns	10:30am- 12:30pm Reading & Writing With: Nick	10:30am-12:30pm Tartan Skills With: Juan/Agnes	9-10:30am Virtual College 10:30am-12:30pm IT Skills Both with: Maria	10:30am-12:30pm Creative Writing With: Isela/Jess	10:30am-12:30pm IT Open Session With: Marco	
Elsie Inglis	9:30am-3:30pm Tartan Enterprise (Ed 7 if available)	10:30am-12:30pm Drama With: Mark & Jeremy	10:30am-12:30pm Open Book With: Jess		10:30am-12:30pm Guitar Lessons With: Akin	
Other			11am-3pm Herb Garden With: Trudi Meet at reception	10:30am-3:30pm <u>TIMES MAY VARY</u> Day Trips With: Sofia		
E. Inglis	12:30-1:30pm Lunch	12:30-1:30pm Lunch	12:30-1:30pm Lunch	12:30-1:30pm Lunch	12:30-1:30pm Lunch	
Rob. Burns	1:30-3:30pm IT Skills With: Maria	1:30-3:30pm Photography With: Ewan/Sofia	1:30-3:30pm Table Tennis With: Stephen		1:30-3:30pm Art & Craft With: Cherie & Sofia	Sundays 1-4pm Cooking Class With: Jamie
Elsie Inglis	9:30am-3:30pm Tartan Enterprise (Ed 7 if available)	1:30pm-3:30pm Discussion Group With: Sofia	1:30-3:30pm Music With: Akin		1:30-3:30pm Computer Gaming With: Connor	
Other	1:30-3pm Walking Group With: Sofia Meet at reception	5-6pm July only Mindfulness* With: Hannah Robert Owen	5-6:30pm Choir – July only With: Morgan Elsie Inglis	10:30am-3:30pm <u>TIMES MAY VARY</u> Day Trips With: Sofia		
Other	4:30-6:30pm Benefit Support With: Gillian In the café	6-7pm July only InterSci* With: Amelia Robert Burns	SIGN-UP NOTES: Sign-up for non-shaded activities at reception or by calling 0131 225 3626. Activity sign-up sheets available up to 2 weeks in advance. Lunch sheets only available <u>on the day</u> . Sign-up for lunch must be done before 11am. Shaded activities must be booked in advance with the appropriate member of staff there will not be a sign-up sheet for these activities. *Mindfulness, InterSci and walking group are regular, but not every week. Check dates with reception.			
Other	6:30-9:30pm Cooking Class With: Jamie In the kitchen					

Many activities are run by volunteers, who very occasionally cannot attend. The GCP team will ensure activities go ahead wherever possible. It may be necessary to change the nature of the activity when this happens.