



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
Kitchen	10am-2pm Kitchen & Café With: Kevin/Chris	10am-2pm Kitchen & Café With: Kevin/Chris	10am-2pm Kitchen & Café With: Kevin/Chris	10am-2pm Kitchen & Café With: Kevin/Chris	10am-2pm Kitchen & Café With: Kevin/Chris	9:30am-3pm Walking Group* With: Jonny/ Tommy/Sofia Meet at reception
Woodwork	10am-4pm Woodwork With: Tommy	10am-4pm Woodwork With: Tommy/ Susan	10am-4pm Woodwork With: Tommy/ Susan	10am-4pm Woodwork With: Tommy/ Susan	10am-4pm Woodwork - Drop In Session With: Tommy	*This activity takes place twice most months on a Sat or Sun. Check for dates at reception or call 0131 225 3626.
Rob. Burns	11am-1pm Reading & Writing With: Nick	9-11am IT Solo with: Tali Virtual College With: Maria	11am-1pm Tartan Skills With: Juan/Agnes	11am-1pm Creative Writing With: Isela/Jess	11am-1pm IT Open Session With: Marco	
Elsie Inglis	10am-4pm Tartan Enterprise (Ed 7 if available)	11am-12:45pm Drama With: Mark & Jeremy	11am-12:45pm Open Book With: Jess	10:30am-12:45pm Group-work – coming soon! With: Tanya	11am-12:45pm Guitar Lessons With: Akin	
Other		11am-1pm IT Skills With: Maria/Tali <i>Robert Burns</i>	11am-3:30pm Herb Garden With: Trudi <i>Meet at reception</i>			
	1-2pm Lunch	1-2pm Lunch	1-2pm Lunch	1-2pm Lunch	1-2pm Lunch	
Rob. Burns	2-4pm IT Skills With: Maria/Tali	2-4pm Photography With: Ewan/Sofia	2-4pm Costume Photo/Film With: George		2-4pm Art & Craft With: Cherie & Sofia	Sundays 2-5pm Cooking Class With: Jamie
E Ing/Other	2-4pm Walking Group With: Sofia <i>Meet at reception</i>	2pm-3:30pm Discussion Group With: Sofia	2-4pm Music With: Akin	2-5pm R. Owen Sessions With: Tanya <i>Rob. Owen</i>	2-4pm Computer Gaming With: Connor	
Other	2-5pm R. Owen Sessions With: Jonny	4-5:45pm Table Tennis With: Steven <i>Robert Burns</i>	5-6:30pm Choir With: Morgan <i>Elsie Inglis</i>			
Other	4-4:30pm IT Solo Sessions With: Maria/Tali <i>IT Room</i>	5-6pm Mindfulness* With: Hannah <i>Robert Owen</i>	SIGN-UP NOTES: Sign-up for non-shaded activities at reception or by calling 0131 225 3626. Activity sign-up sheets available up to 2 weeks in advance. Lunch sheets only available <u>on the day</u> . Sign-up for lunch must be done before 11am. Shaded activities must be booked in advance with the appropriate member of staff there will not be a sign-up sheet for these activities. *Mindfulness, InterSci and walking group are regular, but not every week. Check dates with reception. Many activities are run by volunteers, who very occasionally cannot attend. The GCP team will ensure activities go ahead wherever possible. It may be necessary to change the nature of the activity when this happens.			
Other	4:30-6:30pm Benefit Support With: Gillian <i>In the café</i>	Also MONDAY:				
Other	6-7pm InterSci* With: Amelia <i>Robert Burns</i>	6:30-9:30pm Cooking Class With: Jamie <i>In the kitchen</i>				