

# Grassmarket Community Project - FREE\* Weekly Programme

**Term: Mon 7 Jan 2019 to Fri 5 Apr 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Kitchen</b>	10am-2pm <b>Kitchen &amp; Café</b> With: <b>Chris</b>	10am-2pm <b>Kitchen &amp; Café</b> With: <b>Chris</b>	10am-2pm <b>Kitchen &amp; Café</b> With: <b>Chris</b>	10am-2pm <b>Kitchen &amp; Café</b> With: <b>Chris</b>	10am-2pm <b>Kitchen &amp; Café</b> With: <b>Chris</b>	9.30-3pm <b>Walking Group</b>  (twice monthly)	
<b>Workshop</b>	10am-4pm <b>Woodwork</b> With: <b>Tommy/Susan</b>	10am-4pm <b>Woodwork</b> With: <b>Tommy/Susan</b>	10am-4pm <b>Woodwork</b> With: <b>Tommy/Susan</b>	10am-4pm <b>Woodwork</b> With: <b>Tommy/Susan</b>	10am-4pm <b>Woodwork Drop In</b> With: <b>Tommy/Susan</b>		
<b>Robert Burr</b>	11am-1pm <b>Reading &amp; Writing</b> With: <b>Nick</b>	11am-1pm <b>Tartan Skills</b> With: <b>Juan &amp; Agnes</b>	11am-1pm <b>IT Skills</b> With: <b>Maria</b>	11am-1pm <b>Creative Writing</b> With: <b>Isela/Jess</b>	11am-1pm <b>IT Open Session</b> With: <b>Jennifer</b>		
<b>Elsie Inglis</b>	10am-5pm <b>Tartan Enterprise</b> With: Agnes, Anne, Jean (Ed 7 if avail)	11am-12:45pm <b>Drama</b> With: <b>Jeremy &amp; Mark</b>	11am-1pm <b>Open Book</b> With: <b>Jess</b>	11am-4pm <b>Women's Group</b> With: <b>Louise</b>	11am-1pm <b>Guitar Lessons</b> With: <b>Akin</b>		
<b>Other</b>			11am-3pm <b>Herb Garden</b> With: <b>Trudi/Kirkyard</b>		10am <b>Swimming</b> With: <b>Nikki</b>		
<b>EI</b>	1pm-2pm <b>Lunch Lunch</b>	1pm-2pm <b>Lunch</b>	1pm-2pm <b>Lunch</b>	1pm-2pm <b>Lunch</b>	1pm-2pm <b>Lunch</b>	<b>Pack lunch on walk</b>	
<b>Robert Bu</b>	2-4pm <b>IT Skills</b> With: <b>Maria</b>	2pm-4pm <b>Photography</b> With <b>Ewan</b>	2pm-3:30pm <b>Discussion Group</b> With: <b>Amy</b>	2-4pm <b>Costume Photos</b> With: <b>George</b>	2pm-4pm <b>Art &amp; Craft</b> With: <b>Iztiar</b>		1-4pm <b>Cooking Class</b>  with: <b>Jamie</b> Kitchen
<b>Elsie Inglis</b>	10am-5pm <b>Tartan Enterprise</b> With: Agnes, Anne, Jean (Ed 7 if avail)	2.30pm-3.30pm <b>Stretching &amp; Core</b> With: <b>Laura</b>	2pm-4pm <b>Music</b> With: <b>Akin</b>	11am-4pm <b>Women's Group</b> With: <b>Louise</b>	2-5pm <b>Computer Gaming</b> With: <b>Connor</b>		
<b>Robert Burr</b>		4pm-6pm <b>Table Tennis</b> With: <b>Steven</b>	4pm-5pm <b>Yoga</b> Start 30 Jan With: <b>Stacey</b>				
<b>Other</b>	2pm-3pm <b>Walking Group</b> With: <b>Itziar Café</b>	4pm-7pm <b>Cooking Class</b> With: <b>Jamie Kitchen</b>	5pm-6.30pm <b>Choir</b> With: <b>Morgan</b> Elsie Inglis Room				
<b>Other</b>	4pm-6.30pm <b>Benefit Support</b> With: <b>Gillian Café</b>	5pm-6pm <b>Mindfulness</b> dates tbc With: <b>Hannah</b> Robert Owen Room					
<b>Other</b>		6:30-7:30pm <b>InterSci</b> (science discussion) <b>Amelia/Rob. Burns</b>					

\*FREE for members. Membership is free.

For more info ask at reception or phone 0131 225 3626 or email [join@grassmarket.org](mailto:join@grassmarket.org)